
Certificate of Completion

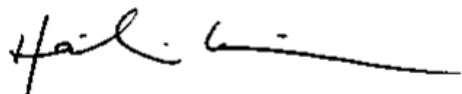
Social Thinking's free webinar series

Zones of Regulation: Newest Thinking and Teaching Tools

In this webinar, two powerful innovators in the areas of emotional control, sensory regulation, and executive functioning joined forces to discuss the latest thinking around The Zones of Regulation, a framework and related curriculum for building self-regulation skills. Michelle Garcia Winner, founder of the Social Thinking Methodology, conducted an in-person interview with Leah Kuypers, author of *The Zones of Regulation* and founder of the related framework and curriculum. They discussed what Leah learned from audiences as she has presented this work across the globe over the last seven years; some of the latest ideas to evolve around The Zones of Regulation, including interoception and managing within each Zone; common mistakes made when teaching The Zones; and the introduction of a new teaching tool, Navigating The Zones.

- 90 minutes of instruction
- Original webinar took place March 16, 2018, recording is available to be watched at any time at www.socialthinking.com

Participant:

A handwritten signature in black ink, appearing to read "Heidi Winner".

Heidi Winner, Webinar Coordinator