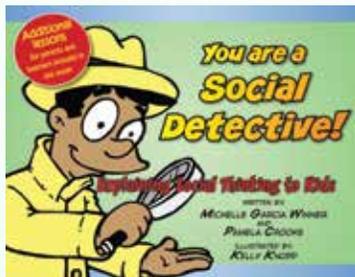


We're very proud to release this super-fantastic music CD and the 13 songs that support our children's social emotional learning as taught through our Superflex curriculum. Each song is an upbeat combination of music and lyrics that can help kids learn more about the sneaky Unthinkables that may be invading their brain and causing them to do or say things that make others uncomfortable. By calling on our Superflex hero inside and using our superflexible thinking powers, we can learn to better problem solve and self-monitor our social skills to help keep others (and ourselves) feeling comfortable being together. Music and lyrics based on the original Superflex curriculum book created by Stephanie Madrigal and Michelle Garcia Winner.



The all-important precursor to teaching Superflex and the first book in the Superflex series! Kids learn basic Social Thinking Vocabulary and about being a social detective.



Readers are introduced to Superflex, our superflexible thinking superhero, the 14 Unthinkables and their powers, and basic strategies to defeat each Unthinkable.

These and other books in the Superflex series are available at www.socialthinking.com

SOCIAL TOWN

(1:36)

My town, your town,
Social Town.
Their town, our town,
Social Town.

In Social Town we all can
share
Social Town is everywhere.
We got social smarts in
Social Town
Thinking good thoughts all
around.

Everyone's here to help
us see
That calm and
comfortable's the
way to be.
You make me feel good
I make you feel good too,
Calm and comfortable
Whatever we do.
Social Town.

My town, your town,
Social Town (Social Town).
Their town, our town,
Social Town.

Here's a little clue
As we think things through,
We'll move our bodies
closer
Ask a question or two.
Pay attention to me
I'll pay attention to you,
Everybody has a special
point of view.

At the Superflex
training school
Being calm and
comfortable is totally cool.
There's all kinds of things
we can do or say
To make others feel
connected every day.
Social Town.

My town, your town,
Social Town (Social Town).
Their town, our town,
Social Town. (Here we're
all together.)

My town, your town,
Social Town (Social Town).
Their town, our town,
Social Town.

My town, your town,
Social Town.
Their town, our town,
Social Town.



Social Detective

(1:40)



Our Social Detective inside of you and me
Helps our brains to think and our eyes
to see,
Helps our ears to hear what others say
And what they mean when they say it
that way.

With our toolbox of tools
We can make a smart guess,
Our eyes, ears, and brain say
"Yes, yes, yes!"

Now we know what to do
Stop, look, and listen,
'Cause you never know what you
might be missing.

Our Social Detective can case the place
To see where we are and who's in
our space.
We've got tools we can use
To pick up the clues,
Now we're all involved
There's a mystery to solve.

But we know what to do
Stop, look, and listen,
'Cause you never know what you
might be missing.

Now we know what to do
Stop, look, and listen,
'Cause now we know what we've
been missing!
Social Detective!

Rock Brain

(1:47)

I'm Rock Brain, Rock Brain
There's only one way to go.
It's my way or the highway
It's the only way I know.

I'm Rock Brain, Rock Brain
There's only one way to go.
It's plain to see
It's all about me
It's the only way I know.

I recognize no compromise
If I try it again
I will not bend.
If at first it doesn't work
Then try it again
Do not bend.

Rock Brain, Rock Brain
There's more than one way to go.
(I don't know.)
Just because you think like that
Doesn't make it so.

Well I recognize no compromise
If I try it again
I will not bend.
If at first it doesn't work
Then try it again
Do not bend.

Oops, bad luck, now you're stuck.
I'll try it again
But I will not bend.

Oops, bad luck, now you're stuck.

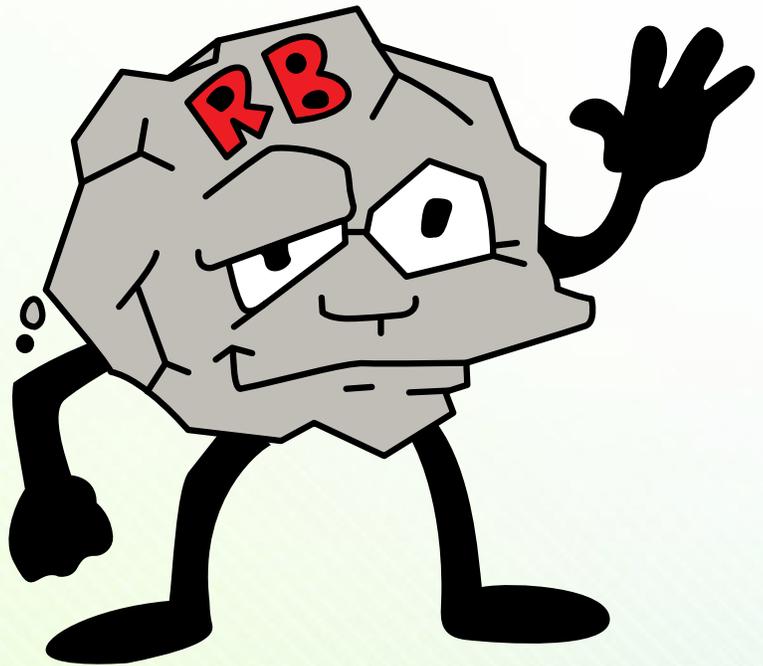
Oops, bad luck
Now I'm stuck.
But that's okay
'Cuz I did it my way.

So get unstuck, here's what we say
Rock Brain, Rock Brain
There's many more roads to choose.
When you only think one way
You've got too much to lose.

Rock Brain, Rock Brain
We've got an idea to share.
Shake it loose
Do something new
And you might get somewhere.

I might get somewhere?
Yes.

You might get somewhere.
You might get somewhere.
No way.



WORRY WALL

(1:39)

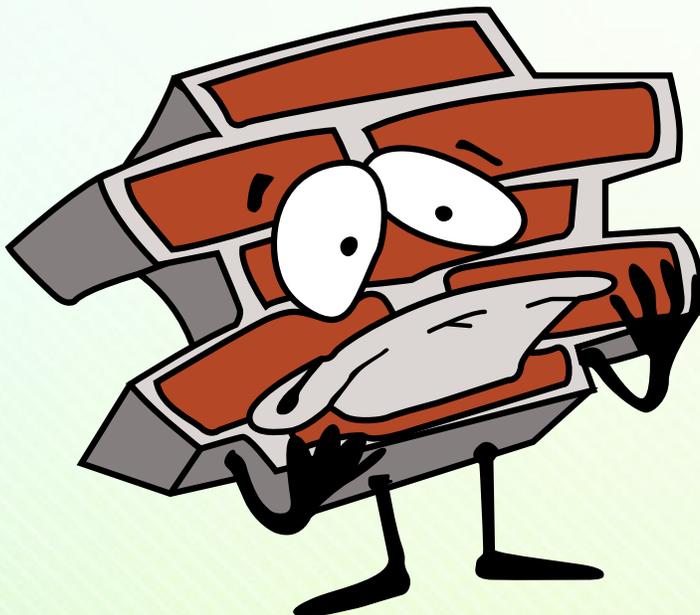
Well, I worry, worry, worry
I'm a Worry Wall,
I live inside your brain
Hoping that you'll fall.

I worry, worry, worry
About every little thing,
With so much negativity
Your brain can't sing.

Hey Worry Wall
Move on over, you hear
I have a little problem
Not a great big fear.

Superflex my brain
Superflex my mind,
Keep my problems small
Just like you, Worry Wall.

Superflex my brain
Superflex my mind,
Keep my problems small
Just like you, Worry Wall.



So I'll think about my problem,
I really think it through,
I won't blow it up big
That's what I would do
I know it's true.

I know how to do this
And I'll do it my way,
I won't worry, worry, worry
Gonna be okay!

Calm and brave
That's the way to be,
Well, don't you want to
Worry, worry, worry with me?

Hey Worry Wall
Move on over, you hear
I have a little problem
Not a great big fear.

Superflex my brain
Superflex my mind,
Keep my problems small
Just like you, Worry Wall.

Worry Wall
Move on over, you hear
I have a little problem
Not a great big fear.

Superflex my brain
Superflex my mind,
Keep my problems small
Just like you, Worry Wall.

Superflex my brain
Superflex my mind,
Keep my problems small
Just like you, Worry Wall.

Glassman

(1:39)

Sometimes I think that things aren't fair
I get so upset, want to pull out my hair.
I try to think, what can I do?
Hey, Glassman, here,
Now I'm talking to you.

I'll make your problem bigger
So it ruins your day.
Blow it up in your mind
Now it won't go away.

Pay attention to me 'cuz
I really matter,
And when you get angry
You're gonna shatter.

No Glassman, no
I won't listen to you.
Only I can choose
What I want to do.

So I'll calm my mind
And my body too,
No problem's too big
I can't think it through.

I'll take a deep breath,
Slowly breathe in and out,
That's what relaxing
Is all about.

Maybe my problem is really small
Or it could be the problem's not
a problem at all.
I'll think good thoughts
And find a solution
Get you out of my brain
You're brainwave pollution!

No Glassman, no
I won't listen to you.

Only you can choose
What you want to do.

So I'll calm my mind
And my body too,
No problem's too big
I can't think it through.

I can work it out
I don't need to shout,
That's what Superflex is all about.
I can work it out
I don't need to shout,
That's what Superflex is all about.

Aww, you're hurtin' my feelins'
Goodbye Glassman.



One-Sided Sid and Un-Wonderer

(1:31)

I am One-Sided Sid
I'm a one-sided kid
And it's all about me, me, me.
Don't talk about anyone else
Just talk about myself
It's a wonderful place to be.

If I don't listen to you
I might learn something new
Well, that's not what I do, you see.

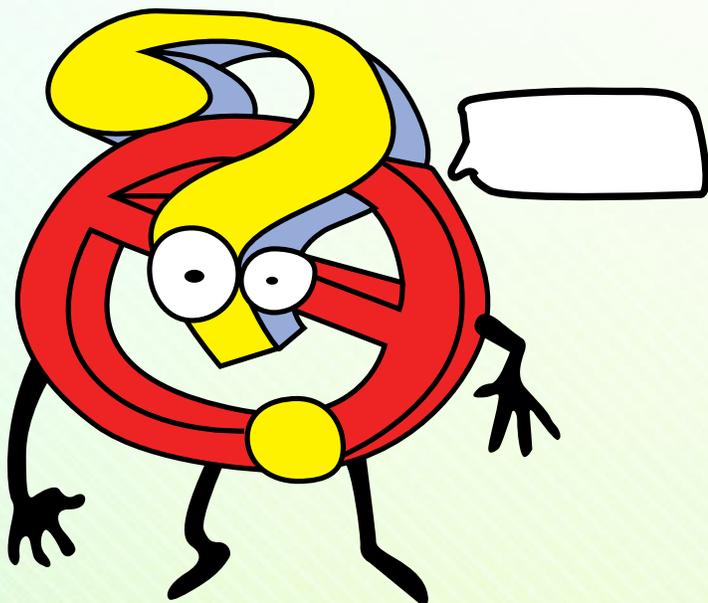
Hey One-Sided Sid
Get away from this kid
It's not all about me, me, me!

Don't wonder about someone else
Just keep thinking about yourself.
It's much more fun, it's true,
'Cause everything you do
Is all about you, you, you, you, you!

I can ask a question, I can add a thought
About people I know, and that matters a lot.
I ask how, what, when, why, and where
We all have something to share.

Don't wonder about someone else
(That's so boring!)
Just keep thinking about yourself
(I'm snoring!)

There's someone else
Beside myself,
And it's better to share thoughts together,
oh yeah.
And it's better to share thoughts together,
oh yeah.
And it's better to share thoughts together.



Superflex Academy

(1:32)

Here at the Superflex Academy
We're working on a super set of strategies.
When you train your brain to do
what's expected
Your body will follow and stay connected.

Let's start thinking about what you can do.
Superflex your brain, the power's in you.

Listen with your body
Think with your eyes
Calm yourself
Strategize.

Share your thoughts
Ask some questions,
Learn to give
And take suggestions.

Listen with your body
Think with your eyes
Calm yourself
Strategize.

A people file is your memory,
Organize your thoughts
Of who and what you'll see.

Think about others
They'll think about you,
A Superflex strategy
To help you through.

Here at the Superflex Academy
We're working on a super set
of strategies.

Listen with your body
Think with your eyes
Calm yourself
Strategize.

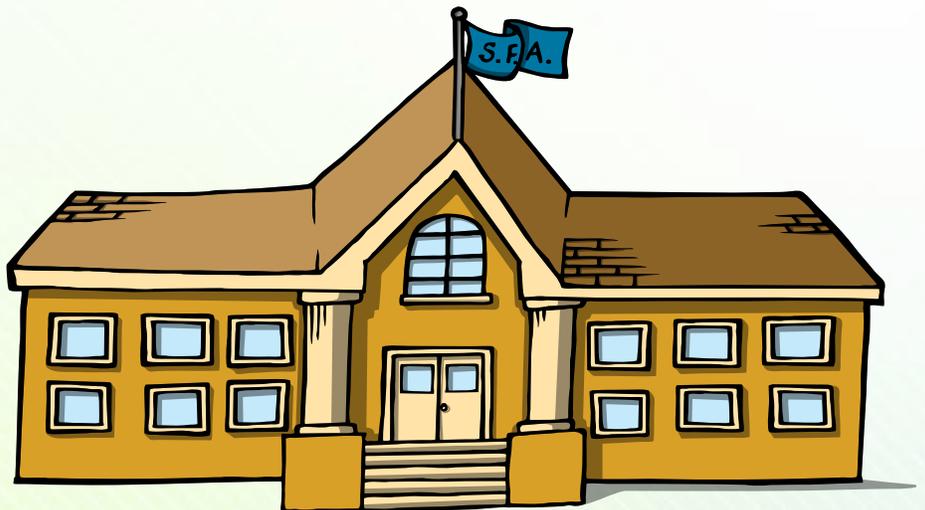
Share your thoughts
Ask some questions,
Learn to give
And take suggestions.

Listen with your body
Think with your eyes
Calm yourself
Strategize.

Share your thoughts
Ask some questions,
Learn to give
And take suggestions.

Listen with your body
Think with your eyes
Calm yourself
Strategize.

At the Superflex Academy
At the Superflex Academy
Welcome to the Superflex Academy.
Welcome to the Superflex Academy
The Superflex Academy.



Was Funny Once

(1:35)

Let's be silly, silly, silly
All of the time,
You can't concentrate
'Cause I'm distracting your mind.

It's okay to be funny
Crack a joke or two,
But when everything's funny
Yeah, the joke's on you!

I put the fun in funny
I'm not laughing, not me,
There are times I want
To be taken seriously.

Was funny once
Less funny twice,
Not funny three times
Take my advice.

It was funny before
And now it's a bore,
Was funny once
But not any more.

Was funny once
But not any more,
Was funny once.

Be silly, silly, silly
Keep joking all the time,
When I need to concentrate
I shut you out of my mind.

I have to keep the silly sillies
Inside my head,
So I can hear what the teacher said.

There's a time to be funny
And that's okay,
When the teacher's talking
Put my funny away.



Was funny once
Less funny twice,
Not funny three times
Take my advice.
It was funny before
And now it's a bore.

It was funny,
It was fleeting
And it's not worth repeating.

Was funny once
But not any more,
Was funny once
But not any more,
Was funny once
But not any more.

D.O.F. Destroyer of Fun

(1:31)

Can't wait to play a game 'cuz
I know I'll win
I'll be number one when we begin,
I gotta go first at the game we play
It's my favorite game
And I like it that way.

D.O.F. the Destroyer of Fun
D.O.F. always number one.
Doesn't matter what others do or say
Just win, win, win, it's better that way.

But maybe everyone should have a real
good time
So when we play with each other no one's
left behind.
If it's not "just me" that's put to the test
Then everyone can feel
They're doing their best.

D.O.F. the Destroyer of Fun
D.O.F. always number one.
Doesn't matter what others say or do
Just win, win, win, make it all about you.

Share the glory all around
You'll feel lucky with what you found.
We want to play with you, so superflex your
mind
No one's gonna leave you behind.

D.O.F. Destroyer of Fun
D.O.F. got you on the run.
Gonna share the field, now it's time
to begin
No one's left behind, so everyone can win.
Everyone wins! Yay!



Space Invader

(1:38)

I'm gonna get real close
Really close to you,
Invade your space
That's what I like to do.

I'm gonna get so close
That we almost touch,
Folks turn away
They don't like that too much.

That's cuz I'm Space Invader, Space Invader
That's my name.
Space Invader, Space Invader
That's my game.

I want my friends to feel good
When they're next to me,
Where do I stand?
How close can I be?

I'll flex my brain
See what others do,
What does it say if they turn away?
They don't want to stay
Hey, that's not okay,
I'll get the clue, that's a big break through.

C'mon, get closer.

No, Space Invader
I don't want to play.
I want folks to feel good
When I look their way.

If I keep one arm distance
Between them and me,
We'll each have personal space
Where we all want to be.

Head, hips, feet forward
Face to face,
Space Invader, Space Invader
Stop invading my space!

Head, hips, feet forward
Face to face,
Space Invader, Space Invader
Stop invading my space!



Body Snatcher

(1:36)

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

Don't pay attention
Don't participate
Get away from everybody
And separate.

Curl up tight
Inside yourself
Fade away
From everybody else.

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

That's me talkin'
I like what I hear
I'll pull you away
Make you disappear.

That's you talkin'
Don't like what I hear
I'll push you away
Make you disappear.

Go away, Body Snatcher,
I'll find a clue,
Put some social glue on
the sole of my shoe.
I can stick with the group
and stay in place
So each conversation is
face to face.
Shoulder to shoulder
when we walk
Shoulders face forward
when we talk.

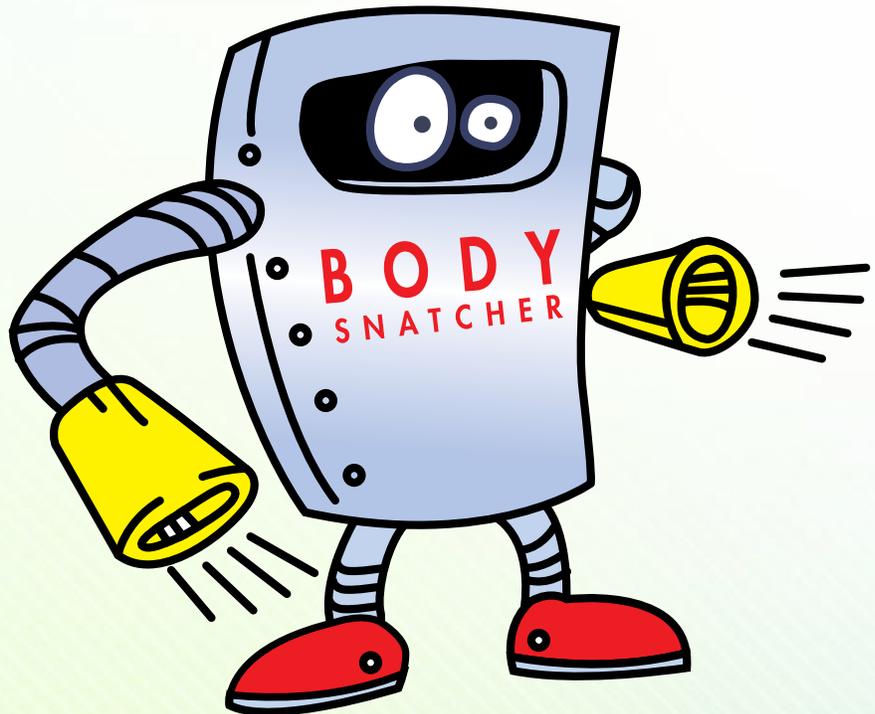
Keep my body with
the group
That's the scoop
Then I'll know how
to move
In my Superflex groove.

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

Watch out!
Watch out!
That's what I say
To you Body Snatcher,
Just go away!

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.

Watch out! Watch out!
I'm your catcher.
You've been snatched
By the Body Snatcher.



BRAIN EATER

(1:45)

It's hard to focus
On what needs to be done,
Something's running around my brain
And that's not fun.

Brain Eater here
That's what I do,
Keep you distracted
So you don't follow through.
When your brain rolls away
And gets off track
That's me, you see
That's giving you flack!

I'm Brain Eater, Brain Eater
That's a fact.
Brain Eater, Brain Eater
I distract.

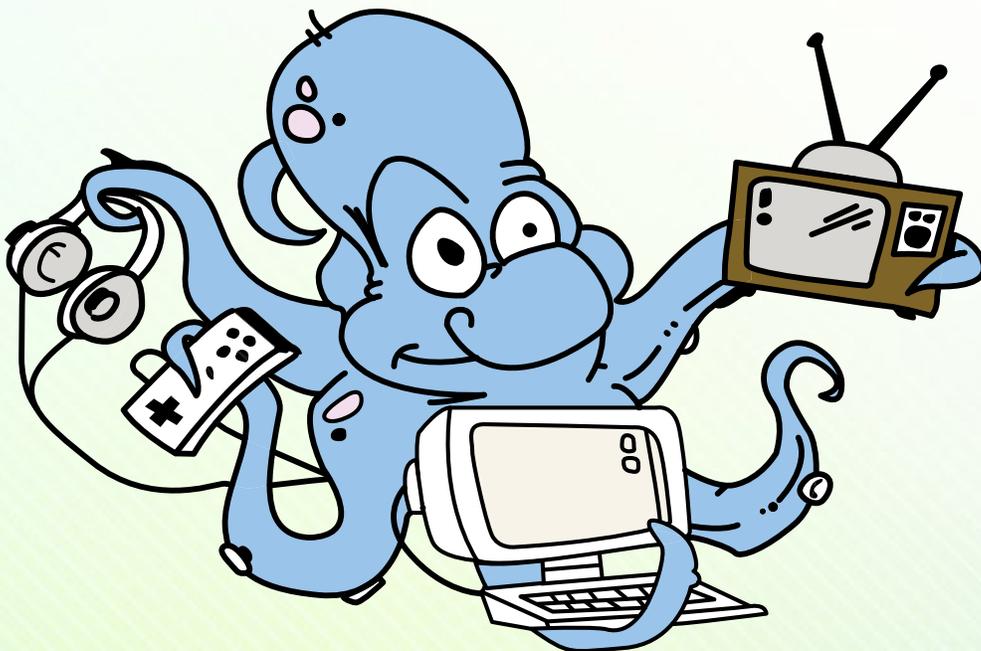
I'm Brain Eater, Brain Eater
That's a fact.
Brain Eater, Brain Eater
I distract.

I'm turning you off
You Brain Eater.
I'm shutting down
Your distracto-meter.

To help me focus when I'm in school
Got a trick up my sleeve, I'm no fool.
It's a Brain Eater fidget
And here's the scoop,
A little fidget in my hands
Keeps my brain in the group.
My body and brain, eyes and ears
Will focus on my teacher so I can hear.

Brain Eater, Brain Eater
Go away.
Brain Eater, Brain Eater
No, I'll stay.

Brain Eater, Brain Eater
Get off my case.
Brain Eater
Get out of my face.
Get out of my face.
Get out of my face.



My Hero Inside

(1:38)

My hero inside
With me every day,
Tells the Unthinkables
"Get out of my way!"
Knows I'm not perfect
Knows that I've tried
To be the best me
It's my hero inside.

Flex my brain
To use social smarts,
Open my eyes
Every day's a new start.
I can't hide
I feel Superflex pride
My hero inside
My hero inside.

Flex my brain
To use social smarts,
Open my eyes
Every day's a new start.
I can't hide
I feel Superflex pride
My hero inside
My hero inside.

Flex my brain (Superflex to the rescue)
To use social smarts,
Open my eyes (Superflex to the rescue)
Every day's a new start.
I can't hide (Superflex to the rescue)
I feel Superflex pride
My hero inside
My hero inside
My hero inside
My hero inside.

My hero inside
Helps me make the right choice.
When I'm in doubt
I hear my Superflex voice.
My hero inside is tried and true
I can do anything I set out to do!

