

Handout for Whole Body Listening

Eyes – looking toward the speaker

Ears – ready to hear

Mouth – quiet and waiting for your turn to talk

Hands – quiet and kept to yourself

Feet – quiet and still

Body – facing toward the speaker

Brain – thinking about what is being said

Heart – considering the speaker and others listening



eyes watching



ears listening



mouth quiet



hands still



feet still



body facing speaker



brain thinking



heart caring



This thinksheet
supports
concepts taught
in Whole Body
Listening Larry

