











Social Situation Mapping: 10-Step Visual Guide

 = Tips for what to say

PRIME & EXPOSE

 This guide shows how what we say and do affects others and how they respond.


<p>#1 Define Situation, Place & People</p>	<p>Think about the situation. Consider where + who + what is happening. Go to #2.</p>
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<p>#3 Expected behaviors* based on the situation and people <i>*Write in positive terms</i></p> <p></p> <p>(Point to box #2) If [read behaviors 1, 2, 3] are unexpected behaviors, then the opposite would be expected behaviors. What behaviors might be the opposite?</p>	<p>#4 Connect Expected behaviors to feelings (or thoughts) to self/others</p> <p></p> <p>(Point to box #3) If a person [read expected behaviors 1, 2, 3], how do you think others might feel? How would you feel?</p>	<p>#5 Connect feelings to possible actions or reactions</p> <p></p> <p>(Point to box #4) So if someone felt [read feelings 1, 2, 3], how might they act or react based on those feelings?</p>	<p>#6 Connect actions or reactions back to feelings (or thoughts)</p> <p></p> <p>And then, if someone [read actions/reactions 1, 2, 3 from box #5], how might the person who those (re)actions were directed towards feel?</p>
<p>#2 Unexpected behaviors based on situation and people</p> <p></p> <p>So, for [situation] when [people] are around, what are some examples of what someone might do or say that would be unexpected behaviors?</p>	<p>#7 Connect Unexpected behaviors to feelings (or thoughts) to self/others</p> <p></p> <p>(Point to box #2) If a person does [read unexpected behaviors 1, 2, 3], how do you think others might feel? How would you feel?</p>	<p>#8 Connect feelings to possible actions or reactions</p> <p></p> <p>(Point to box #7) So if someone felt [read feelings 1, 2, 3], how might they act or react based on those feelings?</p>	<p>#9 Connect actions or reactions back to feelings (or thoughts)</p> <p></p> <p>And then, if someone [read actions/reactions 1, 2, 3 from box #8], how might the person who those (re)actions were directed towards feel?</p>

<p>#10 Circle & SUM IT UP!</p>

Top of map: So, in [situation + place] with [people], if someone does [circle 1 expected behavior] others might feel [circle 1 feeling] and they might [circle 1 action/reaction] which could make the person who was the focus of those actions feel [circle 1 feeling].

BUT... (Bottom of map) If someone does [circle 1 unexpected behavior] others might feel [circle 1 feeling] and they might [circle 1 action/reaction] which could make the person who was the focus of those actions feel [circle 1 feeling]. You've figured out the social emotional chain reaction!

 If the person is unable to generate examples with your tips, prompts, and examples on any step of the map, then stop and teach basic concepts and vocabulary from the Social Thinking Methodology (e.g., attention to situation/people, thoughts and feelings, etc.).

REMINDER: Teach through the perspective of the observer first.